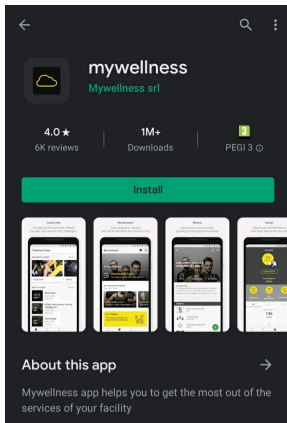


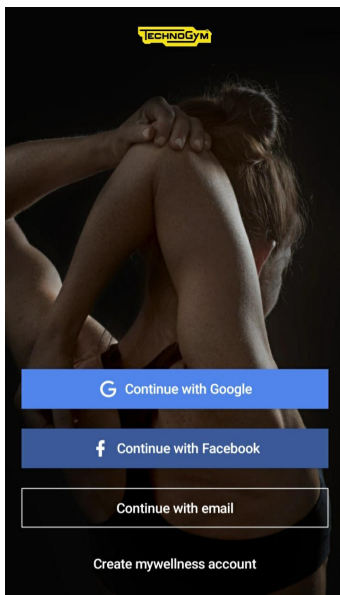
## Guide to setting up MyWellness App

(Images are shown from Samsung / Android, so may appear slightly different on other operating systems)



Search for MyWellness in the Play Store (Android) or App Store (iOS)

Download and install the app



Once the app has been installed open the app on your phone.

This screen should appear.

If you already have a MyWellness Account click continue with email

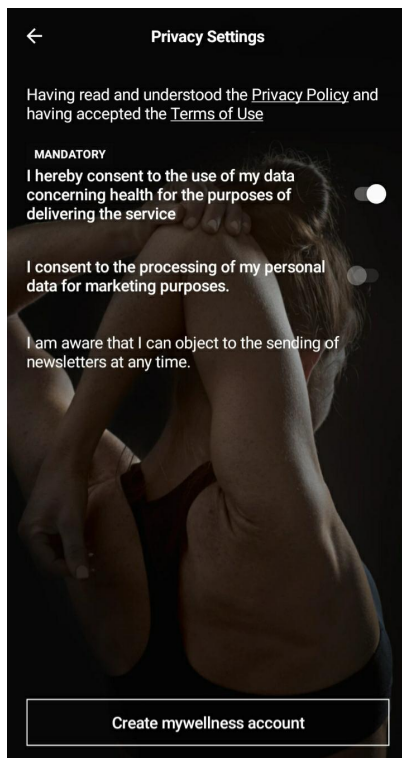
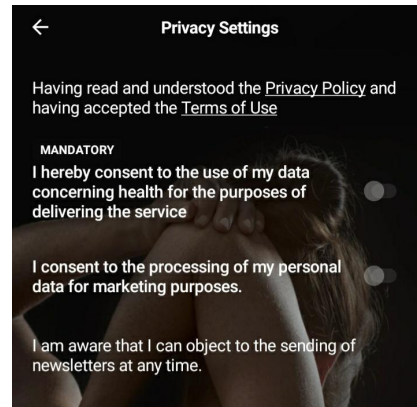
If you do not have a MyWellness Account then click "Create My Wellness Account"

Fill in your details  
And then click the  
arrow button at the  
bottom

A screenshot of the 'Complete your data' form in the app. It features a back arrow at the top left and a profile icon at the top center. The form has input fields for: Name, Surname, Email, Password, Date of birth, Gender, and Phone number (Optional). A right-pointing arrow button is at the bottom center.A screenshot of the 'Accuracy of results' form in the app. It features a back arrow at the top left. The text reads: 'In order to offer you the best training experience possible and to process your results correctly, please enter your weight and height below.' Below this are input fields for: Unit of measure, Metric, Weight, and Height (Optional). A right-pointing arrow button is at the bottom center.

Please read the Privacy Policy and Terms of Use (click the link on the app to view these)

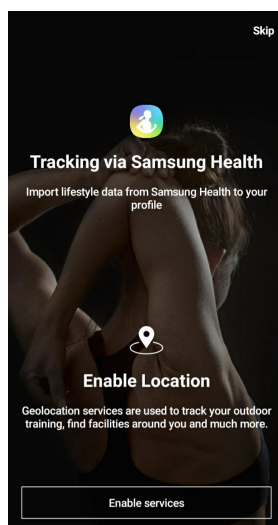
If you agree and wish to continue please press To agree.



To create a MyWellness Account it is mandatory that you select the top option.

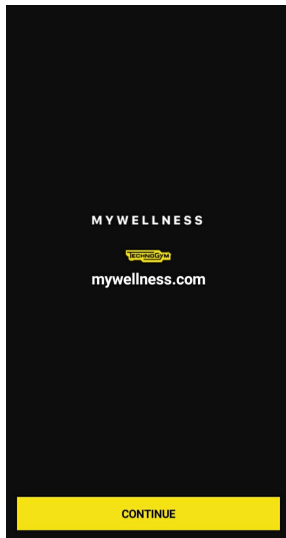
The second option is not mandatory.

Click to create MyWellness Account.

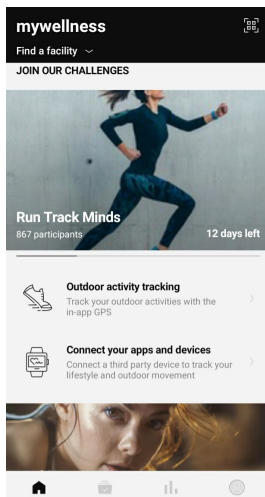


A similar screen like this may appear (or similar Apple health fitness app for iOS)

It is up to you if you skip this or enable services.

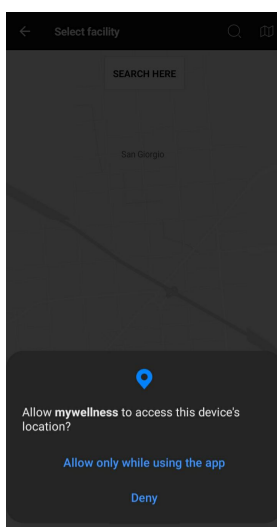


Press continue



You have now created a MyWellness Account with TechnoGym and are successfully logged onto the app.

You now need to tap **Find a Facility**

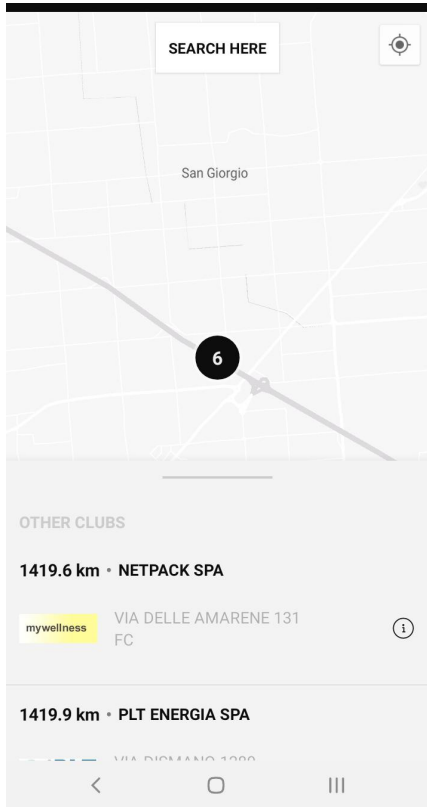


MyWellness app is asking for permission to access your device's location.


This is so that the app can find your club: The Vale Resort amongst all the fitness clubs in the world that use TechnoGym services.

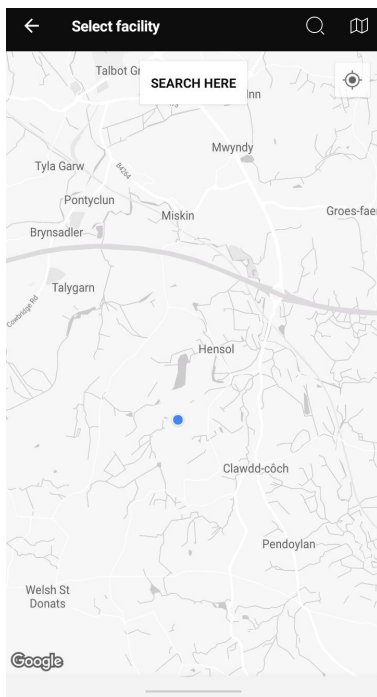
You can choose to allow only while using the app and this will make it easier for you to locate the Vale.

This can be adjusted at any time through your app settings.



The app defaults to a location in Italy.

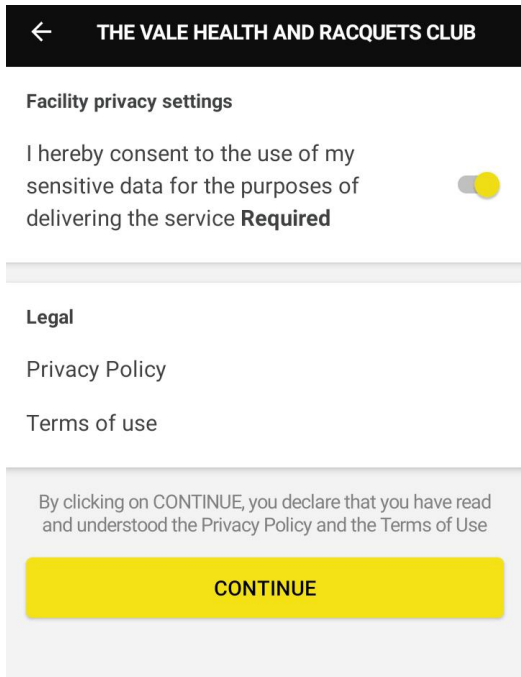
Tap on your **Current Location Icon** 



Tap Search Here



Select **The Vale Health and Racquets Club** from the list that appears at the bottom



It is a requirement that you give us permission to use your data to enable us to deliver the service.

Without this permission you cannot access any of our fitness services with your app.

Please read the Privacy Policy and Terms of Use.

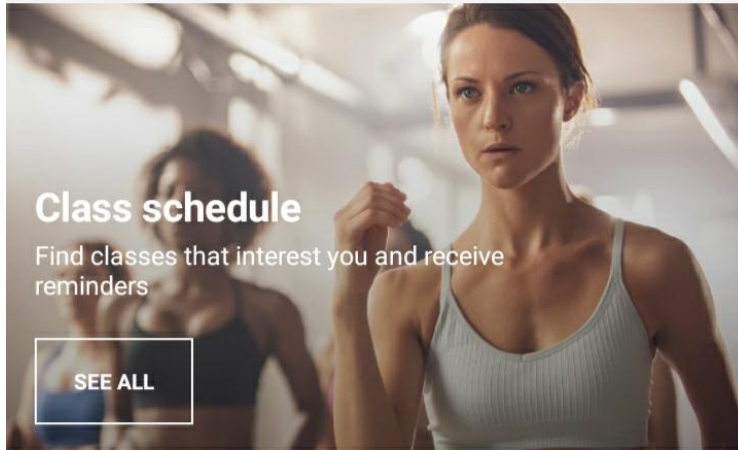
If you agree:

Press **Continue**

mywellness

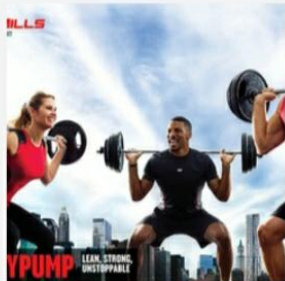


THE VALE HEALTH AND RACQUETS CLUB ▾



You are now set up on the app and can view / book classes and much more!

FEATURED CLASSES



Body Pump



GRIT



Zumba w



Outdoor activity tracking

Track your outdoor activities with the in-app GPS

